



# Growing FAITH at home

PROPER 16

YEAR B

Jesus is  
the Holy  
One of God



GrowMinistries  
LCA CHILD YOUTH & FAMILY MINISTRY



where love comes to life

[www.growministries.org.au](http://www.growministries.org.au)

Sunday between  
August 21 and August 27



## CONVERSATIONS

*Share your highs and lows, or respond to the following:*

1. What is something in life you find difficult or struggle with?
2. Some of the people who were following Jesus couldn't accept his teachings and went away (John 6:60). In what ways is following Jesus hard for you?
3. The apostle Paul writes 'be strong in the Lord and his mighty power' (Ephesians 6:10). What strengthens your faith or helps you to keep on following Jesus?



## BIBLE READINGS

*Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.*

<b>S</b>	<b>John 6:56-69</b>	Many disciples desert Jesus
<b>M</b>	<b>Joshua 24:1-2a, 14-18</b>	The tribes renew the covenant
<b>T</b>	<b>Ephesians 6:10-20</b>	The whole armour of God
<b>W</b>	<b>Exodus 32:1-20</b>	The golden calf
<b>T</b>	<b>Matthew 19:16-22</b>	A young man goes away sad
<b>F</b>	<b>1 John 2:18-28</b>	The departure of some
<b>S</b>	<b>Psalms 34:15-22</b>	The Lord is with you

## VERSE OF THE WEEK

Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

JOHN 6:68-69





## CREATIVE RESPONSE

Draw or make a suit of armour out of heavy paper or cardboard and include the following pieces: belt, breastplate, shoes, shield, helmet and sword.

(With younger children you can use these items to play a game of “dress-up.”).

Throughout the week, read the description of the “armour of God” in Ephesians 6:13-17. Note that this armor is not promoting violence but the “gospel of peace” (v.15).

Be aware of how the Holy One of God protects you with truth, righteousness, peace, faith, salvation, and the Spirit and word of God. Take time to discuss what each part of the armour of God means to you.



## ACTION RESPONSE

Ephesians 6:18 states, “At all times, pray by the power of the Spirit. Pray all kinds of prayers. Be watchful, so that you can pray. Always keep on praying for all of God’s people”.

One of the most important ways we serve others is by praying for them. Make up a list of members of your congregation or people in your social media circles and other relationships to pray for by name this week. Place the list in a prominent place in your home or carry the list with you throughout the week.



## MEALTIME PRAYER

**You give us bread  
for living, O God.  
Save us from living  
for bread. Amen.**



## PRAYER

**Lord Jesus, the  
Holy One of God,  
no one else can  
give what you  
give. Help us  
to listen to your  
words and trust  
in you today and  
always. Amen.**



## BLESSING

**May the eyes of  
the Lord be on you  
and God’s ears be  
attentive to your cry.**