



# Growing FAITH at home

SIXTH SUNDAY  
AFTER  
EPIPHANY

YEAR C

**Blessed are  
those who  
trust in the  
Lord**



**Grow Ministries**  
LCA CHILD YOUTH & FAMILY MINISTRY



[www.growministries.org.au](http://www.growministries.org.au)



## CONVERSATIONS

*Share your highs and lows, or respond to the following:*

1. Have you ever had someone let you down? Share your experience.
2. Jeremiah 17:7 says "blessed are those who trust in the Lord". What does it mean to place our trust in God?
3. Share about how God helped you through a difficult time.



## BIBLE READINGS

*Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.*

|          |                         |                              |
|----------|-------------------------|------------------------------|
| <b>S</b> | <b>Luke 6:17-26</b>     | Blessings and woes           |
| <b>M</b> | <b>Jer 17:5-10</b>      | Trust in the Lord            |
| <b>T</b> | <b>1 Cor 15:12-20</b>   | The resurrection of the dead |
| <b>W</b> | <b>Matthew 5:1-12</b>   | Life in God's kingdom        |
| <b>T</b> | <b>Acts 10:39-43</b>    | God raised him from the dead |
| <b>F</b> | <b>1 Thess. 4:13-18</b> | Jesus died and rose again    |
| <b>S</b> | <b>Psalms 1</b>         | The Lord watches over        |

## VERSE OF THE WEEK

*Blessed are those who trust in the  
LORD and have made the LORD their  
hope and confidence.*

JEREMIAH 17:7





## CREATIVE RESPONSE

Lent begins soon. Start to think about how you will observe Lent and Easter this year as a family. Here are some ideas:

1. Donate time to serve the needy in your area in some way. If this is not possible, make a donation of food or money to a local organisation helping people in difficult circumstances.
2. Ask each family member to be responsible for a prayer before meals for one week of Lent. Encourage them to write a prayer of their own.
3. Encourage each member of the family to “give up” something for Lent or for a part of Lent. The sacrifice should be something of value but also reasonable.



## ACTION RESPONSE

Plan as a family how you might be able to support some of the following campaigns to better our world.

[www.plant-for-the-planet.org/en/home#intro](http://www.plant-for-the-planet.org/en/home#intro)

<http://treeday.planetark.org/>

[www.cleanupaustriaday.org.au/](http://www.cleanupaustriaday.org.au/)



## MEALTIME PRAYER

Lord God, thank you for giving us food in our times of hunger. Make us hungry for your Word, so that we live in your strength and not our own. Amen.



## PRAYER

Lord God, keep me today from trusting in my own strength. Instead, help me to place my confidence in you. Amen



## BLESSING

The Lord bless you with delight in his Word, so that you yield good fruit in his name and are kept from fear and worry.