



Growing FAITH at home

TRANSFIGURATION
SUNDAY

YEAR C



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What is the difference between hearing and listening? Why is it important to listen to others?
2. God the Father tells us to listen to his Son, Jesus (read Luke 9:34-35). What does it mean to listen to Jesus?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	Luke 9:28-43	Jesus is transfigured
M	Exodus 34:29-35	The radiant face of Moses
T	2 Corinthians 3:12 – 4:2	The new covenant
W	Matthew 6:1-6,16-21	Giving, praying and fasting
T	Zechariah 7:4-10	Justice, mercy and compassion
F	Joel 2:1-2,12-18	A call to repentance
S	Psalms 99	The Lord reigns

Listen to Jesus



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VERSE OF THE WEEK

*A voice came from the cloud.
It said, "This is my son, and I have
chosen him. Listen to him."*

LUKE 9:35





CREATIVE RESPONSE

Ash Wednesday marks the first day of Lent. The association of the day with ashes goes back to the 6th century. For centuries, Christians have received ashes on the head as a reminder of mortality and a sign of sorrow for sin. To mark the beginning of Lent, set aside a period of time this week to ‘unplug’ from technology and luxuries. Choose not to watch TV, and to use computers and other electronic devices for leisure purposes. Eat simple foods and drink only water. Have a time of silence in your household during which you reflect on the gifts of God and your relationship with him.



ACTION RESPONSE

The day before Ash Wednesday is called Shrove Tuesday. The name ‘shrove’ comes from the practice of being ‘shriven’ – going to church to confess your sins and receive absolution – before the start of Lent.

Shrove Tuesday is also sometimes called Pancake Tuesday or Fat Tuesday, because households used up their remaining eggs and fats before Lent by making pancakes. Observe Shrove Tuesday with a pancake breakfast or dinner.



MEALTIME PRAYER

Lord God, please join us at this meal we pray, bless our food and work today. Make us reflections of your light, filled with what is good and right. Amen.



PRAYER

Lord God, reveal the glory of your Son to me. Give me ears to listen to him and eyes that look to him alone. Amen.



BLESSING

May God's Spirit make you more and more like Christ.