

# LENTEN JARS

ESTABLISH A LENTEN JAR IN YOUR HOME THIS SEASON!

FAMILIES HAVE MANY TIMES THAT THEY CAN CELEBRATE - BIRTHDAYS, CHRISTMAS, SPECIAL ACHIEVEMENTS OR AWARDS, ETC. MANY PEOPLE WOULD NOT THINK OF LENT AS A TIME OF CELEBRATION. YET, IT IS A TIME WHEN WE CAN RECALL THE GREAT LOVE AND MERCY OF GOD WHO GAVE HIS SON FOR US. THAT IS REASON TO CELEBRATE! AND ALTHOUGH JESUS' LOVE FOR HIS FATHER AND FOR US LED HIM TO THE CROSS, HE WAS RAISED AND WON OUR SALVATION. THAT IS VERY GOOD NEWS FOR US.

OUR CHILDREN'S MINISTRIES LAY TEAM HAS CREATED FOR OUR CHURCH FAMILIES ... WHETHER YOU ARE SINGLE, HAVE LITTLE ONES, TEENAGERS OR GROWN CHILDREN NOW... TO MOVE YOU THROUGH THE SEASON OF LENT. LENT IS A TIME WHEN WE PREPARE OUR HEARTS, MINDS AND SOULS FOR THE SACRED OBSERVANCES OF CHRIST'S DEATH ON GOOD FRIDAY AND HIS RESURRECTION ON EASTER. DISPLAYS OF SAMPLE JARS WILL BE SET UP IN THE NARTHEXES AND SANDERS HALL BEGINNING ON FEBRUARY 15.

BELOW ARE THE PAPER SLIPS TO BE CUT APART AND FILL YOUR JAR AT HOME ... MESSAGES AND ACTIONS FOR YOU TO DO DAILY DURING LENT.

FEBRUARY 25, ASH WEDNESDAY – APRIL 12, EASTER SUNDAY!

HAPPY SEASON OF LENT!  
SAINT PAUL'S CHILDREN'S LAY TEAM

 <p>Smile at someone today and make them smile.</p>	 <p>Make your parents' bed.</p>	 <p>Recycle 7 items this week.</p>
 <p>Eat a healthy snack today.</p>	 <p>Offer to fold the laundry.</p>	 <p>Do not watch TV today. Read a story instead.</p>
 <p>Leave a note of appreciation in your mailbox for your letter carrier.</p>	 <p>Hug someone. Hug 2 people. Hug lots of people today.</p>	 <p>Pick up 10 pieces of trash in your neighborhood.</p>
 <p>Gather some food from your shelves for ECHO. Bring it to church on Sunday.</p>	 <p>Tell your teacher something you really like about him or her.</p>	 <p>Don't argue with your brother, sister, friend, or parents today.</p>



Let your friends go first in line or when playing a game.



Write a surprise note to your mom or dad saying 3 great things about them and put it on their pillow.



Plant seeds in a cup and put the grown plants in a garden outside in May.



Cross – reminds us that Jesus was put up on a cross and left to die.



Sundays in Lent are sometimes called “Little Easter” and are not counted in the 40 days of Lent.



Praying hands – remind us of Jesus going to the Garden of Gethsemane to pray. He spent time in prayer to prepare for his coming death.



Bread and Cup – remind us of the Last Supper of Jesus. He told his disciples that when they eat bread and drink from a cup, they should remember him.



Palm Branches – remind us of the branches waved in celebration as Jesus entered Jerusalem. People lined the roads shouting Hosanna and celebrating Him as king.



Rooster – reminds us of Peter denying he knew Jesus. As Jesus said, Peter denied him 3 times before the rooster crowed in the morning after Jesus was arrested.



Stone – reminds us of the big stone in front of the tomb where his followers laid Jesus. On the third morning after Jesus’ death, Mary and several women found the stone rolled away from the empty tomb. Jesus was no longer dead, but alive!



Ashes – remind us of sorrow and repentance. In Bible times, when people made mistakes, they would sometimes wear ashes to show their sadness for what they had done. Ashes also remind us of new life and the chance to try again. The ashes used on Ash Wednesday are typically made from burning the palm branches from the previous Palm Sunday.



Pray for someone who is sick.



Pray for peace.



Pray for a school friend.



Say a prayer for each person in your family.



Pray for someone you don't really like.



Pray for someone who lives far away.



Pray for someone you know from church.



Pray for people who do not have a home.



Pray for people who do not have enough to eat and are hungry.



Read Psalm 23 this week and talk about it.



Read the Lord's Prayer this week (Matthew 6:9-13) and talk about it.



Read the story of Jesus feeding the crowd of 5000 this week (Matthew 14:13-21) and talk about it.



Read about Peter's denial this week (Matthew 26:69-75) and talk about it.



Read about Palm Sunday this week (Matthew 21:1-11) and talk about it.



Read about the Greatest Commandment this week (Matthew 22:34-40) and talk about it.



How many books are there in the Bible? How many tell of the life of Jesus?



What is a **palm** and what is a **psalm**?



Talk about the differences between Lent and Advent.



Talk with your parents or grandparents and find out how they used to celebrate Easter growing up.



How many churches are there in Tallahassee that will celebrate Easter?



Look up on a map where Jesus was born (Bethlehem), where Jesus grew up (Nazareth), and where Jesus died (Jerusalem)