



Growing FAITH at home

FIFTH SUNDAY
AFTER
EPIPHANY

YEAR B

**Jesus brings
us to God's
healing.**



GrowMinistries
LCA CHILD YOUTH & FAMILY MINISTRY



www.growministries.org.au



CONVERSATIONS

Share your highs and lows, or respond to the following:

1. When do you feel close to God?
2. Mark 1:35 tells us that Jesus went off to a quiet place to pray. When do you pray? Where do you pray? What do you pray about?
3. Share about a time when you felt or experienced God answering your prayers.



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	Mark 1:29-39	Jesus heals many people
M	Isaiah 40:21-31	The Lord gives strength
T	1 Corinthians 9:16-23	The rights of an apostle
W	Isaiah 35:3-10	God is coming to heal you
T	Matthew 8:5-17	Jesus heals in Capernaum
F	Luke 6:12-19	Jesus spends a night in prayer
S	Psalm 147	Praise the Lord

VERSE OF THE WEEK

Those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.

ISAIAH 40:30-31





CREATIVE RESPONSE

Christian people are praying people. There are many traditions we can introduce into our homes to remind us to pray and to help make prayer a routine part of our lives. Here are some ideas:

- Pray in silence to meditate on God's presence and assurance.
- Pray to God about your disappointments.
- Pray for people to receive the gospel.
- Have a prayer whiteboard, where household members can jot down prayer requests during the week for others to see.
- Make up a photo display of people you wish to pray for regularly.
- Start a household prayer journal, in which to record prayer points and answers to prayer.
- Display well-known prayers on your walls e.g. the Lord's Prayer.



MEALTIME PRAYER

Lord, you set
people free, you
heal the sick,
and you feed the
hungry. We give
you thanks and
praise. Amen.



PRAYER

Lord, please give
us strength when
we are weak, and
lift us up when we
are tired. Amen.



ACTION RESPONSE

Caring for the sick is a special way of showing Jesus' love. Plan to visit or contact a sick friend or relative this next week. Bring their needs to Jesus in prayer throughout the week.



BLESSING

May the Lord give
you strength.