



Growing FAITH at home

SECOND
SUNDAY
IN LENT

YEAR B

Lent is a time
to follow
Jesus.



Grow Ministries

LCA CHILD YOUTH & FAMILY MINISTRY



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CONVERSATIONS

Share your highs and lows, or respond to the following:

1. If you had all the power to do what you want, what would you want to do?
2. What does it mean to pick up your cross? How is it difficult to pick up your cross and follow Jesus?
3. How do other people know that you are a follower of Jesus?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	Mark 8:31-38	Jesus predicts his death
M	Genesis 17:1-7, 15-16	Sign of the covenant
T	Romans 4:13-25	God's promise realised
W	Mark 9:30-37	The Son of Man betrayed
T	Matthew 16:21-26	Taking up the cross
F	Mark 10:32-45	Jesus again predicts his death
S	Psalms 22:23-31	Suffering and praise

VERSE OF THE WEEK

If any of you wants to be my follower,
you must give up your own way, take up
your cross, and follow me.

MARK 8:34



CREATIVE RESPONSE

Jesus tells us that following him will mean taking up a cross – that is, saying no to ourselves and sometimes even suffering for him.

- Design crosses from wood, card or other craft materials.
- Attach your crosses to a wall in your home.
- Print out the Verse for the Week and place it underneath your crosses.
- Throughout the week share ways in which you have denied yourself for Jesus' sake.



ACTION RESPONSE

Making pretzels is a Lenten tradition. Pretzels are shaped like arms folded in prayer, and can remind us to pray to God for our needs and the needs of others. Use the following recipe to make pretzels (the recipe lists the amount of ingredients per person):

- Have each person sprinkle $\frac{1}{2}$ teaspoon of yeast into 3 tablespoons of warm water. Stir to dissolve.
- Add $\frac{1}{2}$ teaspoon of sugar, $\frac{1}{2}$ cup of flour and 2 tablespoons of grated cheese. Stir, then knead until smooth.
- Cut the dough into 4 pieces and roll into a snake shape. Shape the 4 pieces like pretzels, then brush them with a beaten egg.
- Sprinkle with coarse ground salt.
- Bake on a baking sheet at 220 degrees Celsius for 15 minutes.



MEALTIME PRAYER

Thank you, God,
for you are good –
you call, you guide,
you feed. Help us
to share from all
we have with those
who are in need.
Amen.



PRAYER

Lord Jesus, help us
to follow you today,
putting your will
ahead of what we
want and others
think. Amen.



BLESSING

May God give you
a strong faith, so
that you trust in his
promises and live to
please him.