



# Growing FAITH at home

12 March 2023

THIRD SUNDAY  
IN LENT

## JESUS IS THE LIVING WATER



GrowMinistries  
LCA CHILD YOUTH & FAMILY MINISTRY



LUTHERAN  
CHURCH  
OF AUSTRALIA

where love comes to life

[www.growministries.org.au](http://www.growministries.org.au)



## CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What do you use water for?
2. What is a question you would like to ask Jesus?



## BIBLE READINGS

Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.

1st reading

**Exodus 17:1-7**  
Water from  
the rock

2nd reading

**Romans 5:1-11**  
Peace and hope

Gospel reading

**John 4:5-42**  
Jesus and the woman  
at the well

## DISCUSS

Jesus says that those who drink the water he gives to them will never be thirsty again (John 4:13-14). What do you think he means?



### ACTION RESPONSE

Resolve to drink only water in your home this week. Write up or type Jesus' words 'Come to me and drink' (John 7:37) and attach to your water jugs or water bottles. Donate any money you save by not using purchased beverages (soft drinks, juices etc) to a charity of your choice.



### PRAYER

Pour your love into our hearts, God, and let it overflow to others. Amen.



### MEALTIME PRAYER

Thank you for feeding our bodies and souls for eternal life with you. Amen.



### BLESSING

May Jesus pour his love into your heart.

NO ONE WHO DRINKS THE WATER I GIVE WILL EVER BE THIRSTY AGAIN. THE WATER I GIVE IS LIKE A FLOWING FOUNTAIN THAT GIVES ETERNAL LIFE.

JOHN 4:14

VERSE OF THE WEEK

