



Growing FAITH at home

TRANSFIGURATION
SUNDAY

YEAR B

Listen to him.



Grow Ministries
LCA CHILD YOUTH & FAMILY MINISTRY



LUTHERAN
CHURCH
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CONVERSATIONS

Share your highs and lows, or respond to the following:

1. What is the tallest hill or mountain you have climbed? What could you see from the top?
2. Read Mark 9:2-9. We hear about an amazing experience that Peter, James and John had one day. How do you think you would have reacted?
3. Where and when have you had a special experience of God's presence? How has that helped you listen to and follow God?



BIBLE READINGS

*Read the following Bible readings throughout this week.
Talk about what words or phrases stand out for you.*

S	Mark 9:2-9	The transfiguration of Jesus
M	2 Kings 2:1-12	Elijah is taken into heaven
T	2 Corinthians 4:3-6	Proclaiming Jesus as Lord
W	Matthew 6:1-21	The practice of faith
T	Proverbs 8:32-35	Listen to God
F	Joel 2:1-2, 12-17	Return to the Lord your God
S	Psalms 51:1-17	Have mercy on me, God

VERSE OF THE WEEK

A voice came from the cloud, "This is my son, and I love him. Listen to him!"

MARK 9:7





CREATIVE RESPONSE

This week Lent begins! Begin your household preparations by observing Shrove Tuesday. The name 'shrove' comes from the practice of being "shriven" – going to church, confessing your sins and being forgiven – before the start of Lent. Shrove Tuesday is also sometimes known as Pancake Tuesday or Fat Tuesday, because households used up their remaining eggs and fats before Lent by making pancakes on this day. Have a pancake breakfast or dinner. As you eat, talk about what Jesus gave up for our sake, and what you might wish to give up for Lent to help you prepare spiritually for Holy Week.

The first day of Lent is called Ash Wednesday. Traditionally this is a day for Christians to remember that we are sinners and that we need a Saviour. Observe Ash Wednesday in your home by marking one another with ashes. Burn some paper and crush it into fine ashes. Then mix the ashes with a small amount of olive oil. Make the sign of the cross on one another's foreheads as you say these words:

Remember that you are dust, and to dust you shall return. Turn back to God and believe in Jesus your Saviour.



ACTION RESPONSE

Read Matthew 6:1-21. Lent focuses on the disciplines of prayer, fasting, and giving money or food to people in need. Make this week "Secret Service Week" in your home or with friends. Put your names in a bowl and have each person draw out someone else's name. During the week, perform a secret act of service for that person. Share your ideas about secret acts of service that could be carried out for one another.



MEALTIME PRAYER

For every cup
and every
plateful, to you,
O God, we are
grateful. Amen.



PRAYER

Jesus, Son
of God, open
our ears and
our hearts so
that we listen
to you. Amen.



BLESSING

May God's light
shine in your
heart so that you
know and listen
to Jesus.