



# Growing FAITH at home

26 February 2023

FIRST SUNDAY  
IN LENT

## GOD'S WORD GIVES US STRENGTH



GrowMinistries  
LCA CHILD YOUTH & FAMILY MINISTRY



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## CONVERSATIONS

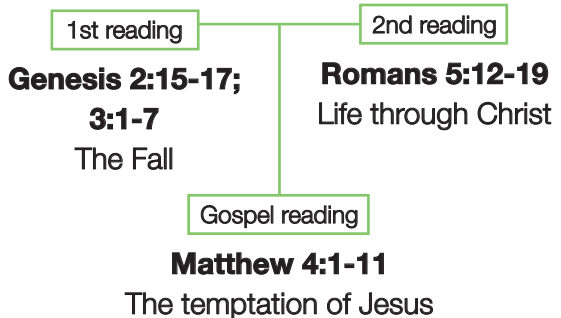
*Share your highs and lows, or respond to the following:*

1. What does it mean to be tempted?
2. What helps you make the right decision?



## BIBLE READINGS

*Read the following Bible readings throughout this week.  
Talk about what words or phrases stand out for you.*



## DISCUSS

How did Jesus respond to the devil's temptations? What can we, as Christians, do to help resist temptation? What can we learn from Jesus' responses?



### ACTION RESPONSE

Genesis 2:15 says that God put Adam in the Garden of Eden to 'work it and take care of it.' Volunteer some time as a household to assist a neighbour with their gardening or outside cleaning, or to help maintain your church grounds or a local recreation area.



### PRAYER

Lord God, give us courage and strength when we are tempted. Help us to make the right decisions and stay strong in our faith. Amen.



### MEALTIME PRAYER

Loving God, thank you for giving us this day and our daily bread. Amen.



### BLESSING

May God keep you safe with his life-giving words.

PEOPLE DO NOT LIVE ON BREAD  
ALONE, BUT ON EVERY WORD THAT  
COMES FROM THE MOUTH OF GOD.

MATTHEW 4:4

VERSE OF THE WEEK

